

Team Luton Swimming Club 2016 Development Meet

Sunday 11 December 2016

(Held under ASA Laws and Regulations and ASA Technical Rules of Racing and to the ASA Open Meet Licensing Criteria)
Licensed by the ASA for entry into Regional Championships at Level 3 under No. 3ER160863

Qualifying Standard

Ages as at 11 December 2016

SHORT COURSE TIMES

UPPER LIMITS		9yrs	10yrs	11yrs	12yrs	13yrs	14yrs	15yrs/ov
50m Freestyle	Boys	33.0	31.5	30.0	28.5	27.0	26.0	25.0
	Girls	34.0	32.9	31.7	30.7	29.3	27.9	27.6
100m Freestyle	Boys		1:11.3	1:06.5	1:01.2	57.2	55.5	53.8
	Girls		1:12.1	1:07.2	1:02.3	1:01.0	59.4	58.8
200m Freestyle	Boys	2:42.0	2:30.0	2:19.0	2:10.8	2:04.5	2:00.2	1:57.2
	Girls	2:37.5	2:28.8	2:20.4	2:13.9	2:10.2	2:07.5	2:06.4
400m Freestyle	Boys	6:06.0	5:20.5	5:00.4	4:44.0	4:30.9	4:21.9	4:15.2
	Girls	6:12.5	5:24.9	5:00.1	4:44.6	4:37.2	4:33.1	4:29.3
50m Backstroke	Boys	35.9	34.8	33.5	32.8	31.6	30.8	29.5
	Girls	37.9	36.3	35.7	34.5	33.7	32.4	32.0
100m Backstroke	Boys		1:19.4	1:12.5	1:09.0	1:04.7	1:02.4	1:00.3
	Girls		1:24.1	1:15.4	1:09.6	1:07.6	1:06.0	1:05.4
200m Backstroke	Boys	2:57.8	2:46.7	2:35.9	2:26.4	2:19.0	2:14.0	2:10.1
	Girls	2:54.2	2:45.7	2:36.1	2:28.5	2:24.5	2:21.4	2:19.9
50m Breaststroke	Boys	38.9	37.8	36.7	35.8	34.7	33.6	32.8
	Girls	41.9	40.7	39.3	38.4	37.2	36.3	35.6
100m Breaststroke	Boys		1:27.3	1:20.5	1:17.7	1:13.0	1:10.7	1:08.2
	Girls		1:33.5	1:25.9	1:19.3	1:16.8	1:15.1	1:14.4
200m Breaststroke	Boys	3:29.0	3:15.0	3:01.0	2:48.5	2:39.2	2:33.4	2:28.7
	Girls	3:22.0	3:10.5	2:58.7	2:49.4	2:44.8	2:41.4	2:40.7
50m Butterfly	Boys	35.1	34.0	32.9	31.8	30.4	29.3	28.1
	Girls	36.9	35.9	34.3	33.1	32.3	31.1	30.2
100m Butterfly	Boys		1:18.1	1:11.0	1:08.5	1:04.1	1:01.6	59.4
	Girls		1:24.5	1:15.7	1:09.7	1:07.6	1:05.8	1:05.2
200m Butterfly	Boys	3:10.3	2:56.3	2:43.2	2:31.9	2:22.8	2:16.3	2:12.0
	Girls	3:05.0	2:54.0	2:43.4	2:33.9	2:27.8	2:24.0	2:22.4
200m Individual Medley	Boys	3:10.8	2:54.9	2:43.4	2:34.2	2:26.6	2:19.9	2:16.1
	Girls	3:12.5	2:54.8	2:43.2	2:34.7	2:30.7	2:27.7	2:26.2
400m Individual Medley	Boys		6:13.3	5:40.5	5:17.1	5:00.6	4:51.1	4:37.2
	Girls		6:12.5	5:38.2	5:20.2	5:11.0	5:00.4	5:00.0