



# Berkshire & South Buckinghamshire ASA

(Sub regional body of the ASA South East Region)

## County and Age Group Championships 2016

(Under ASA Laws and ASA Technical Rules)

### Entry Conditions and Procedure

#### Introduction

1. The County Championships, the County Age Group Championships and the County Para-swimming Championships are run as an integrated meet. The County Championships are governed by the County Championships Conditions approved by the County Management Board. These can be found on the BSBASA website ([www.bsbasa.org](http://www.bsbasa.org)). The key requirements of the County Championship Conditions are summarised in this entry procedure document.
2. The format of these championships and a number of procedural matters have changed following feedback from clubs and coaches after last year's championships, and to align with the ASA's new Swimming Competition Structure. Full details of the new format are contained in this entry pack.

The key changes are:

- Small modifications to the eligibility rules (see 3 & 4 Below)
- Introduction of a Para-Swimming multi-classification competition (see 32 below)
- Changes to age groups and which events swimmers may not enter (see 30 below)
- Ages are at 31 December (see 8 below)
- Changes to team event age groups (see 9 below)
- Relay lead off times no longer accepted as consideration times (see 17 below)
- New withdrawal process for finals, and fines for non-compliance (see 25 below)
- New seeding method for heats (see 28 below)
- Minus one rule applies for medals and rosettes (see 31 below)
- New basis for determining Senior and Junior championships (see 33 - 39 below)
- New points basis for aggregate club award (see 42-43 below)
- New rules and points for top boy and girl awards (see 44 below)
- Revised order of events (see order of events below)
- 100 IM is now a championship event and open to all age groups (see 6 below)
- Discontinuance of BAGCAT awards
- Revised consideration times (see consideration times below)

Please note that we have revised all the consideration times to take into account the new age groups and change to "age at 31 December". Our aim has been to maintain the size of the meet at the 2015 level, however the setting of consideration times is not a perfect science. There is the real possibility that we may need to reject swimmers who meet the consideration times to keep the length of the sessions within our pool bookings, our license conditions and what is reasonable for high quality competition.

#### Eligibility

3. Competitors who are registered with the ASA as members of clubs affiliated to the Association on the closing date for entries and have Category 2 ASA membership may enter individual events. However a competitor may only represent one club in the Championships. Furthermore a competitor who has entered BSBASA Championships in any other discipline in the same calendar year can only swim in the name of the same club represented in that other Championship. Finally a competitor who has swum in the Championship or Age Group Competitions of another county in the same calendar year may not enter.

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A swimmer must also be registered with the ASA as a member of a club affiliated to the Association and have Category 2 ASA membership on the day of competition. Where this is a different club than the entry club (i.e. where a swimmer has changed their registered club after entering), the swimmer will represent their new club, except if they have already swam in the name of their old club at these Championships or the BSBASA Championships in any other discipline in the same calendar year. In such cases, the swimmer will not represent any club from the point of re-registration.

- All clubs affiliated to the Association may enter team events. Individual competitors selected to represent clubs must be eligible to enter individual events in the name of that club, and swimmers can only swim in the teams of one club in these Championships

### **Competitors with disabilities**

- Classified Disability Swimmers may enter any event provided they meet the eligibility requirements above. The normal qualifying times will be extended by 25% (but this is subject to the promoter's discretion on a case by case basis) and competitors wishing to take advantage of the extended qualifying times should contact the organisers ([championships@bsbasa.org](mailto:championships@bsbasa.org)) regarding the entry process.

The Para-Swimming multi-classification competition awards are described later in this document.

### **Individual Events**

- The following individual events are included in the championships

Freestyle	50m, 100m, 200m, 400m, 800m (girls only), 1500m (boys only)
Backstroke	50m, 100m, 200m
Butterfly	50m, 100m, 200m
Breaststroke	50m, 100m, 200m
Individual Medley	100m, 200m, 400m

10 and 11 year olds may not enter the 800/1500m Freestyle or the 400m IM. Swimmers not yet 10 at 31 December 2016 may not enter.

- There are separate events for male and female competitors. Please note the 800m and 1500m events will be swum long course at Aldershot Garrison Sports Centre and **not** at Maidenhead
- Ages are at 31 December 2016.

### **Team Events**

- The following team events are included:

#### **Male**

Open 4 x 50m Freestyle Team  
16 yrs & under 4 x 100m Freestyle Team  
12-13 yrs 4 x 100m Freestyle Team  
10-11yrs 4 x 50m Freestyle Team

#### **Female**

Open 4 x 50m Medley Team  
16 yrs & under 4 x 100m Medley Team  
12-13 yrs 4 x 100m Medley Team  
10-11 yrs 4 x 50m Medley Team

#### **Mixed**

Open 4 x 50m Freestyle Team  
Open 4 x 50m Medley Team

Mixed events comprise two male and two female swimmers, who may swim in any order.

All ages are at 31 December 2016

10. Please note the open team events (male, female and mixed) will be swum long course at Aldershot Garrison Sports Centre and **not** at Maidenhead.
11. There are no minimum consideration times for team events, and it is intended that the County team events should be a good opportunity for swimmers to gain experience of relay team racing. It is therefore expected that there will be a wide range of entry times in each event. Would clubs and coaches please make sure that the entry times are appropriate for the team that is expected to swim on the day and think twice about entering teams that are likely to be way below the standard of any of the other competing clubs.
12. As was the case last year most of the team events are in the same session which is the concluding session of the meet. We are hoping that this session will again have that special atmosphere that is present at team events and will be a fitting conclusion to the Championships.

### **Entry Procedure - General**

13. All entries must be made and paid for on-line by following the link at [www.bsbasa.org](http://www.bsbasa.org). Please note that entry will be by ASA number and only those swimmers who are registered with clubs in the County and who have a Category 2 ASA registration are permitted to enter.
14. The closing date for submitting and paying for entries is **noon on 24 December 2015**. No entries will be accepted or entry times updated after that date.
15. Entry fees are £5.50 per individual event and £7.50 per team event. No entries will be accepted without payment of the appropriate entry fee. Except where it is not possible to accept entries (see below) entry fees are not refundable. Entry fees in respect of an incorrect entry will be forfeit.

### **Entry Procedure - Individual events**

16. Swimmers must have achieved the consideration time during the 12 months ending on 24 December 2015. These times must have been achieved at ASA licensed meets (Level 1 – 4) and be included in the ASA Ranking Database at the date of entering. When entering, the on-line entry system will download the fastest short course time (actual or converted) achieved in the 12 months ended on 24 December 2015 from the ASA Rankings database and where this is equal to or faster than the consideration time, this will be the swimmers entry time. It is not possible to amend this time. Conversions from long course (50m) to short course (25m) will be done using the equivalent performance application (based on tables published by the ASA) at [www.bsbasa.org](http://www.bsbasa.org). Only times set in 25m or 50m pools are eligible.
17. Split times from longer events and relay lead off times will not be accepted for entry.
18. Swimmers who have elected to keep their membership and ranking information private will not be able to enter using the on-line system. These swimmers should amend their membership status with the ASA and then use the on-line system. Only in very exceptional circumstances, will the Entries Secretary through his discretion allow this condition to be relaxed and even then only after suitable evidence of the circumstances and entry times have been provided which must be at least 10 days prior to the closing date.
19. Please note that meeting the consideration time does not guarantee entry and depending on the volume of entries it may not be possible to accept all entries from swimmers who have achieved the consideration time. Where this is necessary, swimmers with the fastest times will be accepted taking into account the need to be fair between age groups. Where possible, swimmers who are not accepted may be nominated as reserves, and may be able to swim in the event of withdrawals.

20. Consideration times are attached and are stated to tenths. For the avoidance of doubt, where the consideration time is stated as (say) 1:37.0, a time of 1:37.00 meets the entry criterion, but 1:37.01 does not.

### **Entry Procedure - Team events**

21. It is not necessary to name the swimmers from whom each team will be selected on the entry form, however the names, dates of birth, ASA registration numbers, and swim order of the selected swimmers must be declared on the team declaration form which must be posted before the time indicated on the form. All teams must be entered and paid for using the on-line system at [www.bsbasa.org](http://www.bsbasa.org).

### **Notification of Accepted Swims**

22. Entries successfully received by the on-line system can be viewed at any time at [www.bsbasa.org](http://www.bsbasa.org), but receipt of entries does not guarantee acceptance. Accepted swims will be posted at [www.bsbasa.org](http://www.bsbasa.org) as soon as possible after the closing date. It is the responsibility of swimmers and clubs to check entry details carefully before the meet starts. Processing errors notified before the start of the meet will be corrected. It is most unlikely that errors can be corrected once the meet has started.

### **Meet details**

23. The order of events is attached. Please note that the session times are provisional and will be confirmed once entries have been processed. Swimmers should consider carefully which events they enter, and in particular the possibility that if they qualify for finals they may need to swim a number of races over a very short period of time. It will not be possible to have a break in the programme to accommodate multiple swims. Swimmers who qualify for finals are expected to swim in those finals, and withdrawals from finals should only occur in exceptional circumstances.
24. Swimmers whose entries have been accepted, but who do not intend to swim must withdraw. Withdrawal must be notified to each club's designated team manager, who will in turn notify the meet organisers (before the start of the warm up for each session). Clubs with an unacceptable level of unreported withdrawals will be reported to the Performance Swimming Events Committee who may impose a penalty, including a fine.
25. The list of finalist for events with finals will be published as soon as possible after the heats have been completed. This list of finalist will also contain a "withdraw by time". Finalist (including reserves) who wish to withdraw (in exceptional circumstances, as above) must complete a "finals withdrawal" form. This form will be available from the meet administration team and must be lodged with the meet office before the posted "withdrawal time". A fine of £10 will be levied on clubs in respect of all finalists (including reserves) who do not compete without having lodged a finals withdrawal form in accordance with the above condition. The on-line entry process for future BSBASA performance swimming competitions will be blocked for clubs which have unpaid fines.
26. Team declaration forms must be collected at the start of session 1. These must be completed with the details of the swimmers who will actually compete and must be posted prior to the time stated on the form (sessions 5 and 9). If forms are not posted, then swimmers and teams will not be able to swim. It is not necessary to withdraw from these events. Teams who do not swim the declared swimmers in the declared order will be disqualified.
27. With the exception of the 400m, 800m and 1500m individual freestyle events and all team events, all heats will be seeded fast to slow (this is to allow the swimmers who are most likely to qualify for finals to have the greatest amount of rest). The 400m, 800m and 1500m individual freestyle events and all team events will be seeded slow to fast.

28. For events with finals, the fastest 3 heats will be cyclically seeded, all other heats will be spearhead seeded. For all other events, all heats will be spearheaded.
29. The meet will be held under ASA Laws and ASA Technical Rules, and in particular the one start rule shall apply.

## **Awards**

### Age group awards

30. Awards will be made to the winners in the following age groups,

10-11 years, 12 years, 13 years, 14 years, 15 years, and 16 years & over.

*NB 10-11 year olds may not enter the 800/1500m freestyle or the 400m IM.*

Swimmers not yet 10 at 31 December 2016 may not enter.

31. All age group awards will be made on a heat declared winner basis. Age Group Medals will be awarded for first, second and third place. Rosettes will be awarded for places 4 to 8. Ages are at 31 December 2016. A gold medal will always be awarded to the swimmer placed first. The "minus one" rule will apply to all other medals and rosettes, ie the number of medals and rosettes awarded for an age group will be equal to the number of swimmers placed in that age group, less one. So if 5 swimmers are placed then a gold, silver and bronze medal and a fourth placed rosette will be awarded. The swimmer placed fifth will not receive an award.

### Para-Swimming multi-classification competition awards

32. The 50m and 100m events will include Para-Swimming multi-classification awards. Classified disability swimmers will in addition to their age group placing be placed in a multi-classification disability award category. Placing will be done based on British Disability Points. The winner will be awarded an Age Group gold medal. A silver medal will be awarded for second place, provided there are at least 3 classified swimmers placed in the event, and a bronze medal will be awarded for third place provided that there are at least 4 classified swimmers placed in the event.

### Senior County Championship

33. The Senior County Championship is for swimmers who are 15 years & over at 31 December 2016.
34. For events of 200m and over, the Senior County Championship will be decided on heat times. The Senior County Championship Trophy and a County Championship Gold Medal will be awarded to the Senior swimmer achieving the fastest time in the heats. A silver medal will be awarded for second place, provided there are at least 3 swimmers placed in the senior championship category, and a bronze medal will be awarded for third place provided that there are at least 4 swimmers placed in the senior championship category.
35. For 50m and 100m events there will be Senior County Championship finals. The fastest eight Senior swimmers in the heats will swim the Senior County Championship final. There will be two reserves, and reserves will be promoted to the Senior County Championship final in the event of a faster swimmer withdrawing. There will be no swim offs for equal placed swimmers and in such cases the number of swimmers in the final shall be reduced as necessary. The winner of the Senior County Championship final will be awarded the Senior County Championship Trophy and a County Championship Gold Medal. The swimmers placed second and third will be awarded County Championships Medals, subject to their being at least 3 and 4 Senior County Championship finalists respectively. Junior swimmers will not be eligible to swim in the Senior County Championship finals regardless of their time achieved in the heats.

## Junior County Championship

36. The Junior County Championship is for swimmers who are 14 years & under at 31 December 2016.
37. For events of 200m and over the Junior County Championship will be decided on heat times. The Junior Championship Trophy and a County Championship Gold Medal will be awarded to the Junior swimmer achieving the fastest time in the heats. A silver medal will be awarded for second place, provided there are at least 3 swimmers placed in the junior championship category, and a bronze medal will be awarded for third place provided that there are at least 4 swimmers placed in the junior championship category.
38. For 50m and 100m events there will be Junior County Championship finals. The fastest eight Junior swimmers in the heats will swim the Junior County Championship final. There will be two reserves, and reserves will be promoted to the Junior County Championship final in the event of a faster swimmer withdrawing. There will be no swim offs for equal placed swimmers and in such cases the number of swimmers in the Junior County Championship final shall be reduced as necessary.
39. The winner of the Junior County Championship final will be awarded the Junior County Championship Trophy and a County Championship Gold Medal. The swimmers placed second and third will be awarded County Championships Medals subject to their being at least 3 and 4 Junior County Championship finalists respectively.

## Team event awards

40. The winners of all team events will be determined on a heat declared winner basis. The team winning the Open event will be awarded The Senior County Championship Trophy and each swimmer will receive a County Championship Gold Medal. The team winning the 12-13 event will be awarded The Junior Championship Trophy and each swimmer will receive a County Championship Gold Medal. In both cases, the teams placed second and third will also each receive a County Championship Medal and rosettes will be awarded to each swimmer in the teams placed fourth to eighth, subject to the minus one rule.
41. For the 16 yrs & under and the 10-11 yrs team events, Age Group Medals will be awarded to each swimmer in the teams placed first., second and third. In both cases, the teams placed second and third will also each receive an Age Group Medal and rosettes will be awarded to each swimmer in the teams placed fourth to eighth, subject to the minus one rule.

## Aggregate awards

42. The male and female club aggregate awards trophies will be awarded to the club with the highest points score. Points will be awarded to the first eight competitors in each age group of each event, including the team events, in the following manner: Winner 15 points; Second 10 points; Third 7 points; Fourth 5 points; Fifth 4 points; Sixth 3 points; Seventh 2 points; Eighth 1 point. No two clubs can make use of the same competitor for the purpose of counting points in these competitors in any one year. No points are awarded for placings in the Senior and Junior County Championship finals.
43. The total number of points obtained by the Club shall be added together on completion of the Championships and the Club obtaining the highest aggregate shall be declared the winner. In the event of a dead heat on aggregate points, the club with the greatest number of first places shall be declared the winner, and if this also produces a dead heat, the Clubs concerned shall be declared joint winners.

44. The Parker Silver Cup and the Lambert Shield will be awarded to the girl and boy (respectively) who achieve the highest points score. Points will be awarded according to the place achieved in the relevant age group for all events, as follows

Winner 15 points; Second 10 points; Third 7 points; Fourth 5 points; Fifth 4 points; Sixth 3 points; Seventh 2 points; Eighth 1 point.

In the event of a dead heat on aggregate points, the swimmer with the greatest number of first places shall be declared the winner, and if this also produces a dead heat, the swimmers concerned shall be declared joint winners.

No points are awarded for placings in the Senior and Junior County Championship finals.

### **ASA License numbers**

45. The meets are licensed by the ASA and the license numbers are

16/17 January 2016 – 2SE160040,

30 January 2016 – 1SE160041,

6 February 2016 – 2SE160042

### **Trophies**

46. Trophies awarded annually may be kept by the winners until the following year's championships, subject to completing the necessary documentation as regards its safekeeping and return. Any holder of a trophy who fails to return that trophy by the specified date shall not be allowed to take custody of any trophies which he or she might be awarded during the County Championships in that calendar year.

### **Coach's passes**

47. Clubs may apply for up to one coach's pass per 10 swimmers via the on-line entry system. The nominated representative of each club will be provided with a link to apply for coach's passes. The cost of a coach's pass is £15 per coach and each club entering is required to purchase at least one coach's pass. Only coaches wearing a coach's pass will be permitted on poolside. Please note that we are unable to provide catering for coaches.

### **Still and video photography**

48. In line with ASA guidance on the taking of photos, the promoters of this event will require that any person wishing to engage in any video or still photography (including mobile phones and tablet computers) register their details at the spectator entrance desk before carrying out any such photography. They will be issued with a white wrist band which must be worn and visible at all times. Once registered we are happy for them to take photos and videos where their swimmer is the main subject of the photo. Any such photos and videos may only be for their own personal use and cannot be broadcast or published without the prior written consent of the Promoter. The Berkshire and South Buckinghamshire ASA will also have an official photographer to record the competition and images and video may be used for County publications and the County website (within the relevant ASA guidance). By entering, swimmers accept that their image may be captured and used as described above, Swimmers and parents who do not wish their images to be used should contact the promoter in advance of the event.

### **Other matters**

49. Any matter not covered by the above conditions shall be determined by the BSBASA Performance Swimming Events Committee, and in the case of matters requiring a decision during the meet by the chairman of that committee and as many of its members who are available.



# Berkshire & South Buckinghamshire ASA

(Sub regional body of the ASA South East Region)

## County and Age Group Championships 2016

(Under ASA Laws and ASA Technical Rules)

### Order of Events

**Session 1 Maidenhead – 16 January Warm-up 11.30 for 12.20 start (provisional)**

- 1 Girls 100m Breaststroke
- 2 Boys 100m Breaststroke
- 3 Girls 100m Individual Medley
- 4 Boys 100m Individual Medley
- 5 Girls 200m Freestyle
- 6 Boys 200m Butterfly
- 7 Girls 100m Breaststroke – Senior Championship Final
- 8 Girls 100m Breaststroke - Junior Championship Final
- 9 Boys 100m Breaststroke - Senior Championship Final
- 10 Boys 100m Breaststroke - Junior Championship Final
- 11 Girls 100m Individual Medley - Senior Championship Final
- 12 Girls 100m Individual Medley - Junior Championship Final
- 13 Boys 100m Individual Medley - Senior Championship Final
- 14 Boys 100m Individual Medley - Junior Championship Final

**NB – All session times are provisional and will be confirmed with accepted entries**

**Session 2 Maidenhead – 16 January Warm-up 16:00 for 16.50 start (provisional)**

- 15 Girls 50m Butterfly
- 16 Boys 100m Freestyle
- 17 Girls 100m Freestyle
- 18 Boys 50m Butterfly
- 19 Girls 200m Individual Medley
- 20 Boys 200m Individual Medley
- 21 Girls 50m Butterfly - Senior Championship Final
- 22 Girls 50m Butterfly - Junior Championship Final
- 23 Boys 100m Freestyle - Senior Championship Final
- 24 Boys 100m Freestyle - Junior Championship Final
- 25 Girls 100m Freestyle - Senior Championship Final
- 26 Girls 100m Freestyle - Junior Championship Final
- 27 Boys 50m Butterfly - Senior Championship Final
- 28 Boys 50m Butterfly - Junior Championship Final

**Session 3 Maidenhead – 17 January Warm-up 8.40 for 9.30 start (provisional)**

- 29 Boys 100m Butterfly
- 30 Girls 400m Individual Medley
- 31 Boys 50m Freestyle
- 32 Girls 100m Backstroke
- 33 Boys 200m Backstroke
- 34 Girls 200m Breaststroke
- 35 Boys 100m Butterfly - Senior Championship Final
- 36 Boys 100m Butterfly - Junior Championship Final
- 37 Girls 100m Backstroke - Senior Championship Final
- 38 Girls 100m Backstroke - Junior Championship Final
- 39 Boys 50m Freestyle - Senior Championship Final
- 40 Boys 50m Freestyle - Junior Championship Final



**Session 4 Maidenhead – 17 January****Warm- up 13.30 for 14.20 start (provisional)**

- 41 Girls 100m Butterfly
- 42 Boys 400m Individual Medley
- 43 Girls 50m Freestyle
- 44 Boys 100m Backstroke
- 45 Girls 200m Backstroke
- 46 Boys 200m Breaststroke
- 47 Girls 100m Butterfly - Senior Championship Final
- 48 Girls 100m Butterfly - Junior Championship Final
- 49 Boys 100m Backstroke - Senior Championship Final
- 50 Boys 100m Backstroke - Junior Championship Final
- 51 Girls 50m Freestyle - Senior Championship Final
- 52 Girls 50m Freestyle - Junior Championship Final

**NB – All session times are provisional and will be confirmed with accepted entries**

**Session 5 Aldershot – 30 January****Warm- up 16:30 for 17.00 start (provisional)**

- 53 Ladies Open 4 x 50m Medley Team
- 54 Mixed Open 4 x 50m Medley Team
- 55 Mens Open 4 x 50m Medley Team
- 56 Girls 800m Freestyle
- 57 Mens Open 4 x 50m Freestyle Team
- 58 Mixed Open 4 x 50m Freestyle Team
- 59 Ladies Open 4 x 50m Freestyle Team

**Session 6 Aldershot – 30 January****Warm- up 19:00 for 19.20 start (provisional)**

- 60 Boys 1500m Freestyle

**Session 7 Maidenhead – 6 February****Warm- up 11.30 for 12.15 start (provisional)**

- 61 Boys 400m Freestyle
- 62 Girls 400m Freestyle

**Session 8 Maidenhead – 6 February****Warm-up 15:00 for 15:50 start (provisional)**

- 63 Boys 50m Backstroke
- 64 Girls 50m Backstroke
- 65 Boys 50m Breaststroke
- 66 Girls 50m Breaststroke
- 67 Boys 200m Freestyle
- 68 Girls 200m Butterfly
- 69 Boys 50m Backstroke - Senior Championship Final
- 70 Boys 50m Backstroke - Junior Championship Final
- 71 Girls 50m Backstroke - Senior Championship Final
- 72 Girls 50m Backstroke - Junior Championship Final
- 73 Boys 50m Breaststroke - Senior Championship Final
- 74 Boys 50m Breaststroke - Junior Championship Final
- 75 Girls 50m Breaststroke - Senior Championship Final
- 76 Girls 50m Breaststroke - Junior Championship Final

**Session 9 Maidenhead – 6 February****Warm- up 18.30 for 19:20 start (provisional)**

- 77 Boys 10-11 yrs 4 X 50m Freestyle Team
- 78 Girls 10-11 yrs 4 X 50m Freestyle Team
- 79 Boys 16 yrs & under 4 x 100m Freestyle Team
- 80 Girls 16 yrs & under 4 x 100m Freestyle Team
- 81 Boys 12-13 yrs 4 x 100m Medley Team
- 82 Girls 12-13 yrs 4 x 100m Medley Team
- 83 Boys 10-11 yrs 4 X 50m Medley Team
- 84 Girls 10-11 yrs 4 X 50m Medley Team
- 85 Boys 16 yrs & under 4 x 100m Medley Team
- 86 Girls 16 yrs & under x 100m Medley Team
- 87 Boys 12-13 yrs 4 x 100m Freestyle Team
- 88 Girls 12-13 yrs 4 x 100m Freestyle Team



# Berkshire & South Buckinghamshire ASA

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## County and Age Group Championships 2016

(Under ASA Laws and ASA Technical Rules)

### Consideration times

#### GIRLS

Age	10/11	12	13	14	15	16+
50m Freestyle	38.0	34.2	32.4	31.4	30.4	30.2
100m Freestyle	01.17.0	01.12.0	01.11.0	01.09.0	01.07.5	01.05.5
200m Freestyle	02.51.0	02.40.0	02.28.0	02.24.0	02.22.0	02.19.0
400m Freestyle	06.10.0	05.40.0	05.15.0	05.10.0	04.50.0	04.45.0
800m Freestyle		11:20.0	10.55.0	10.30.0	10.10.0	10.00.0
50m Breaststroke	48.5	43.9	42.0	41.0	39.0	38.4
100m Breaststroke	01.42.0	01.36.0	01.32.0	01.29.0	01.25.0	01.24.0
200m Breaststroke	03.40.0	03.27.0	03.15.0	03.05.0	03.02.0	03.00.0
50m Butterfly	41.5	38.5	36.0	35.0	34.0	33.0
100m Butterfly	01.30.0	01.24.0	01.20.5	01.17.0	01.14.5	01.13.0
200m Butterfly	03.30.0	03.12.0	03.00.0	02.50.0	02.45.0	02.40.0
50m Backstroke	42.5	39.5	36.7	36.0	35.0	34.0
100m Backstroke	01.30.0	01.25.0	01.19.5	01.17.0	01.15.0	01.12.0
200m Backstroke	03.10.0	02.58.0	02.49.0	02.43.0	02.41.0	02.35.0
100m Ind Medley	01.33.0	01.28.0	01.21.5	01.17.0	01.16.0	01.15.0
200m Ind Medley	03.18.0	03.04.0	02.54.5	02.46.0	02.44.0	02.38.5
400m Ind Medley		06.15.0	05.55.0	05.45.0	05.35.0	05.32.0

#### BOYS

Age	10/11	12	13	14	15	16+
50m Freestyle	37.0	34.0	31.5	30.0	28.8	27.5
100m Freestyle	01.19.0	01.13.0	01.10.0	01.04.0	01.03.0	59.0
200m Freestyle	02.55.0	02.42.0	02.33.0	02.18.0	02.14.0	02.09.0
400m Freestyle	06.10.0	05.40.0	05.20.0	04.55.0	04.40.0	04.30.0
1500m Freestyle		21.35.0	21.00.0	19.30.0	19.00.0	18.20.0
50m Breaststroke	48.0	44.0	42.0	38.5	37.3	33.5
100m Breaststroke	01.48.0	01.39.0	01.31.0	01.26.0	01.21.0	01.15.0
200m Breaststroke	03.42.0	03.26.0	03.15.0	03.05.0	02.51.0	02.46.0
50m Butterfly	41.0	39.0	36.5	34.0	31.5	29.5
100m Butterfly	01.33.0	01.26.5	01.20.0	01.15.0	01.10.5	01.06.0
200m Butterfly	03.25.0	03.08.0	02.56.0	02.45.0	02.36.0	02.25.0
50m Backstroke	42.0	38.5	36.7	34.0	33.0	30.5
100m Backstroke	01.33.0	01.25.0	01.19.0	01.13.0	01.08.0	01.06.5
200m Backstroke	03.14.0	02.59.0	02.49.0	02.38.0	02.32.5	02.20.0
100m Ind Medley	01.34.0	01.25.5	01.21.0	01.14.5	01.11.5	01.10.0
200m Ind Medley	03.13.0	02.59.0	02.46.0	02.42.0	02.35.0	02.23.0
400m Ind Medley		06.15.0	05.52.0	05.40.0	05.25.0	05.05.0

#### Notes

Please note that we have revised all the consideration times to take into account the new age groups and change to age at 31 December. Our aim has been to maintain the size of the meet to the 2015 level, however the setting of consideration times is not a perfect science. There is the real possibility that we may need to reject swimmers who meet the consideration times to keep the length of the sessions within our pool bookings, our license conditions and what is reasonable for high quality competition.

Consideration times are stated to tenths. For the avoidance of doubt, where the consideration time is stated as (say) 1:37.0, a time of 1:37.00 meets the entry criterion, but 1:37.01 does not.

Ages are at 31 December 2016. Swimmers must have achieved the consideration time during the 12 months ending on 24 December 2015.